

## CONNECTICUT

### COMMUNITY BASED COUNSELING SERVICES FOR YOUTH

**Program Description:** An outpatient psychiatric clinic for children is a community-based children's mental health facility that provides behavioral health services to children, adolescents and their families. These services are designed to do the following:

- promote mental health and improve functioning, and
- effectively decrease the prevalence and incidence of mental illness, emotional disturbance and social dysfunction.

A multi-disciplinary team of psychiatrists, psychologists, Master's level clinicians and other behavioral health professionals provide diagnostic and treatment services.

**Target Population:** Children and adolescents under 18 years of age who experience a psychiatric disorder and their families are eligible to receive an array of comprehensive services that address and/or support their physical, emotional, developmental, social and educational needs.

**Providers:** Each clinic serves towns in addition to the ones listed in the addresses below. Call the clinic nearest to the town where assistance is needed to locate the appropriate facility.

**Bridges. A Community Support System**

949 Bridgeport Avenue  
Milford, CT 06460  
PHONE: (203) 878-6365  
Website: [www.bridgesmilford.org](http://www.bridgesmilford.org)

**Catholic Family Services, Institute for the Hispanic Family**

80 Jefferson Street  
Hartford, CT 06106  
PHONE: (860) 527-1124  
Website: [www.ccaoh.org](http://www.ccaoh.org)

**Center for Youth and Families/Charlotte Hungerford Hospital**

1061 East Main Street  
Torrington, CT 06790  
PHONE: (860) 489-3391  
Website: [www.charlottesweb.hungerford.org](http://www.charlottesweb.hungerford.org)

**Child & Family Agency of Southeastern CT, Inc.**

255 Hempstead Street  
New London, CT 06320  
PHONE: (860) 443-2896  
Website: [www.cfapress.org](http://www.cfapress.org)

**Child Guidance Center of Greater Bridgeport**

180 Fairfield Avenue  
Bridgeport, CT 06604  
PHONE: (203) 394-6529  
Website: [www.cgccb.org](http://www.cgccb.org)

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#### **Child Guidance Center of Mid-Fairfield County**

100 East Avenue  
Norwalk, CT 06851  
PHONE: (203) 299-1315  
Website: [www.mfcgc.org](http://www.mfcgc.org)

#### **Child Guidance Center of Southern CT, Inc.**

103 West Broad Street  
Stamford, CT 06902  
PHONE: (203) 324-6127  
Website: [www.childguidancect.org](http://www.childguidancect.org)

#### **Child Guidance Clinic for Central CT, Inc.**

117 Lincoln Street  
Meriden, CT 06451  
PHONE: (203) 235-5767

#### **Child Guidance Clinic of Greater Waterbury, Inc.**

70 Pine Street  
Waterbury, CT 06710  
PHONE: (203) 756-7287  
[www.waterburychildguidance.com](http://www.waterburychildguidance.com)

#### **Clifford W. Beers Guidance Clinic, Inc.**

93 Edwards Street  
New Haven, CT 06511  
PHONE: (203) 772-1270  
Website: [www.cliffordbeers.org](http://www.cliffordbeers.org)

#### **Community Child Guidance Clinic**

317 North Main Street  
Manchester, CT 06040  
PHONE: (860) 643-2101  
Website: [www.ccgclinc.org](http://www.ccgclinc.org)

#### **Community Health Center**

635 Main Street  
Middletown, CT 06457  
PHONE: (860) 347-6971  
Website: [www.chc1.com](http://www.chc1.com)

#### **Community Health Resources**

North Central Counseling Services, Inc.  
47 Palomba Drive  
Enfield, CT 06082  
PHONE: (860) 253-5020  
Website: [www.chrhealth.org](http://www.chrhealth.org)

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#### **Community Mental Health Affiliates**

26 Russell Street  
New Britain, CT 06052  
PHONE: (860) 223-2778  
Website: [www.cmhacc.org](http://www.cmhacc.org)

#### **Family and Children's Aid**

75 West Street  
Danbury, CT 06810  
PHONE: (203) 748-5689  
Website: [www.fcaweb.org](http://www.fcaweb.org)

#### **Hill Health Center**

428 Columbus Avenue  
New Haven, CT 06519  
PHONE: (203) 503-3250  
Website: [www.hillhealthcenter.com](http://www.hillhealthcenter.com)

#### **Hartford Hospital/ Institute of Living**

200 Retreat Avenue  
Hartford, CT 06106  
PHONE: (860) 545-2000  
Website: [www.harthosp.org](http://www.harthosp.org)

#### **Lower Naugatuck Valley Parent Child Resource Center**

30 Elizabeth Street  
Derby, CT 06418  
PHONE: (203) 954-0543

#### **Northwest Center for Family Services & Mental Health, Inc.**

P.O. Box 153; 315 Main Street  
Lakeville, CT 06039  
PHONE: (860) 435-2529 or 800 704-1104  
Website: [www.nwcct.org](http://www.nwcct.org)

#### **United Community and Family Services, Inc.**

34 East Town Street  
Norwich, CT 06360  
PHONE: (860) 889-2375  
Website: [www.ucfs.org](http://www.ucfs.org)

#### **United Services, Inc.**

P.O. Box 839; 1007 North Main Street  
Dayville, CT 06241  
PHONE: (860) 774-2020  
Website: [www.unitedservicesct.org](http://www.unitedservicesct.org)

#### **Village for Families & Children, Inc.**

1680 Albany Avenue  
Hartford, CT 06105  
PHONE: (860) 236-4511  
Website: [www.villageforchildren.org](http://www.villageforchildren.org)

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#### **West Haven Mental Health Clinic**

270 Center Street  
West Haven, CT 06516  
PHONE: (203) 974-5900

#### **Wheeler Clinic**

91 Northwest Drive  
Plainville, CT 06062  
PHONE TOLL FREE: (888) 793-3500  
Website: [www.wheelerclinic.org](http://www.wheelerclinic.org)

#### **Yale University Child Study Center**

P.O. Box 207900; 230 South Frontage Road  
New Haven, CT 06520-7900  
PHONE: (203) 785-6252  
Website: <http://www.info.med.yale.edu/chldstdy>